

THE UNIVERSITY OF TEXAS LONGHORNS DIVING CAMP

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LonghornsDivingCamp.com



CAMP DATES:

Session 1: June 3 - 8, 2018

Session 2: June 10 - 15, 2018

Session 3: June 17 - 22, 2018

Session 4: June 24 - 29, 2018

FREQUENTLY ASKED QUESTIONS.....

Can I register a camper on-line? Yes. Go to LonghornsDivingCamp.com (see **Registration** tab) or TexasSports.com (see **Camps** then **Diving Camp**)

How do I get a registration form? You can download a copy of the application form from: LonghornsDivingCamp.com (see **Registration** tab); TexasSports.com (see **Camps** then **Diving Camp**); email the camp at utdivecamp@athletics.utexas.edu, or write us at U.T. Dive Camp, Post Office Box 7399, Austin, TX 78713-7399.

How soon should I get my application in? As soon as possible. Camp sessions fill up fast. Registrations are processed upon receipt and on a first-come, first-serve basis. Registrations are not taken over the phone.

What if my first choice of a session is closed? If your first choice is closed when you register online or when your application is received, you will be given the option of being put on a wait-list (at no fee). The camp director will notify you if/when a space becomes available by e-mail.

What will hold a spot for my camper? The application form and deposit fee of \$150 (credit card, check, cashiers check or money order made out to *U.T. Dive Camp*) will hold your spot. A confirmation email will be sent to you soon after you register online or within 24 hours from receiving the application via mail or fax. **Final camp fees/balances are due by May 1, 2018**, and this secures your final spot in camp. **If camp fees/balances are not received by May 1, 2018, the camper's spot may be compromised.**

What is the refund policy? The \$150 deposit is non-refundable. Cancellations prior to May 1, 2018 will receive a full refund of camp fees less the \$150 deposit. **There are no refunds or credits of any portion of camp fee after May 1, 2018 for any reason, other than documented medical conditions. Camp merchandise purchased is non-refundable after May 1, and will be shipped to you in July.**

Who can attend the camp? Are there age requirements or certain qualifications? Per NCAA rules, sports camps and clinics conducted by The University of Texas are open to all entrants. Enrollment is limited only by age, grade level, gender, and capacity restrictions. **We recommend Campers be at least 9 years old to attend day camp, and 12 years old to attend overnight camp.** If campers are younger than 12 years old, we recommend they have at least 6 months of diving lesson/club experience. Some campers may do better as a day campers as opposed to an overnight camper. We've found over the years that campers ages 12 years and older do not need any diving experience, just a desire to learn the sport and have fun at camp. **Please consult with the**

diving camp's Director if there are any concerns about the camper's age and/or experience.

When can the camper check-in to camp? Each session begins on a Sunday, with check-in / registration beginning at 2 p.m., and ending at 4 p.m. Check in is held at either [The Callaway House](#) (Sessions 1-2) or [The Castilian](#) (Sessions 3-4) -- **not the U.T. swim center**. Campers are expected to get settled into their rooms after they check-in. The camp will meet as a group for dinner at 4:45 p.m. Campers will leave for the pool for a camp orientation meeting, followed by a session at the pool.

Where should we park while dropping off our child to camp, or picking up our child from camp? Parking for both the Callaway House and Castilian are in their building garages. These are pay garages. There is also no free parking anywhere on campus for Camp. UT is a permit parking only campus 24 hours a day, 7 days a week. Please observe posted signs on campus. The Camp is not responsible for parking tickets received by campers or camp parents.

If you would like to watch the campers during the week's session, you can park in the Brazos Parking Garage, 210 E. MLK Blvd., 512/471-6126 (located west of the swim center) or in the Trinity Garage, 1815 Trinity St, 512/475-6776; <http://www.utexas.edu/parking/parking/garages/trg.php> (located south and across the street from the swim center). The camp will validate parking at the Dobie Dormitory only.

Is Coach Matt Scoggin really at the camp? Yes! Coach Scoggin will be coaching each camp group during each session.

Who else is coaching at the camp? In addition to Matt Scoggin, the camp coaches are from all over the country & world! All of the coaches have experience coaching elite age-group divers, and most have experience coaching college divers, U.S. National Senior & Junior Diving Team members. **Although college age student-athletes may be leading campers in dry-land exercises, they will not be coaching the campers with respect to diving technique.**

What are the workouts like? Based on experience, campers are placed in workout groups. These groups rotate throughout the day to different stations and coaches. Campers will spend half of the morning and afternoon sessions doing dry-land work, i.e., being spotted on the trampoline and dry-board, doing diving related exercises, reviewing videotape, etc. The other part of the afternoon and morning sessions will be in the water, rotating between the 1 and 3 meter springboards, and some platform work as well.

What is the ratio of campers to coaches? A full camp's ratio of campers to coaches is approximately 8 to 1. Each spring board group has access to a choice of 2 boards, so there are about 4 campers per diving board. This ratio allows for quality feedback and attention.

What is a typical day like? Campers are at the pool from 7:45 a.m. - 11:30 a.m., and after a break for lunch, campers are at the pool from 1:30 p.m. - 5:00 p.m. The morning and afternoon session both involve time in the water (on the boards), as well as dry-land time (being spotted on the trampoline and dry-boards). Dinner immediately follows the afternoon session. Camp coaches lead group discussions each evening. One evening is reserved for an *activity night* where the campers go to the Texas Union as a group. The Union offers bowling, pool tables, video games, and a variety of other fun activities.

Do you videotape? Yes. Campers are videotaped at least once during the week, and watch the videotape with a coach who provides feedback. The University of Texas diving well is equipped with two **TIVO** machines. **TIVO** is a television set-up that instantly and continuously plays back video from the dives performed on the one meter and three meter boards. For example, after a camper does a dive from the springboard, he/she can instantly view his/her dive on TIVO.

What equipment do we need to bring? All that is required is a suit and towel for water sessions. For dryland sessions, an extra pair of shorts and t-shirt is required. Closed toe shoes are required and mandatory to wear when not at the dorm. A backpack works well for bringing things to the pool. Campers may leave their bags/backpack on the diving well deck; however, campers are encouraged NOT to bring money or valuables to the pool. The camp/swim center is NOT responsible for camper's valuables and/or missing items. Campers are encouraged to rent a locker/lock from the Swim Ct. for \$40 per session/week.

Can parents watch camp sessions? Yes. Parents are welcome to observe any pool session from the spectator section (grandstands) of the Swim Center. Upon entering the building, please report to the front desk so that an

attendant can direct you to the grandstands. There will also be an *exhibition/competition* on Friday morning (approx. 9-11a), and parents are welcome to observe.

Will we need to bring linens and toiletries? Campers will need to bring their own full size sheets, pillow, blanket, toiletries and towels. There is a washer and dryer (operated by credit card & coins) on each of the campers' floors.

Will my child be supervised at all times? YES! There will be at least 2 counselors or coaches with the campers at all times, and 2-3 staff members living on each camp floor. The dorm staff and the Swim Center security staff requires that everyone show ID (nametags, wristbands, etc.) when entering the facilities. All doors (except the main entrance to the dorm during office hours) require a key/dorm card to enter. Campers are supervised at the dorm, field trips, walks to/from the pool, all pool sessions, and in the evenings.

Campers' conduct: If necessary, what kind of disciplinary action is taken? Campers are told and explained in detail on the first day of camp (and at the orientation meeting) that our camp & the dorm has a "no tolerance" rule with respect to the use of illegal drugs, tobacco, and alcohol and/or if a law is broken. Offensive and/or disrespectful behavior is not acceptable. Campers who partake in any illegal activity (including the use of illegal drugs, tobacco, and alcohol) or if drugs, tobacco, or alcohol are found in their possession or dorm room will be sent home immediately or appropriate law enforcement notified. Campers who disregard any of the other camp rules will also be sent home at the Camp Director's discretion. **No refund of any portion will be refunded should a camper be sent home.** Before they attend the camp, the camper and their parent/guardian must acknowledge the camp's rules & regulations by signing the list of rules & regulations.

What is the penalty for a lost room key during camp? There is a \$50 fee for a lost key/access card. This amount is subject to change and will be reviewed during the dorm's orientation meeting with the campers on the first day of camp.

How much spending money should I send with my camper? Most campers bring between \$30-\$50. All meals are provided, but there is a refrigerator and microwave in each room, and a food-court in the dorm's building if campers wish to buy a snack for later or buy a souvenir from the Swim Center store.

What about roommate requests? The camp welcomes roommate requests. All requests must match on the application/registration form. Roommate assignments are done one week prior to the start of a session. Each dorm room has two beds.

Can parents go up to camp floors, or stay in the dorm? Check-in and check-out days are the only days parents are allowed on camp floors for security reasons. Parents are not allowed to live in the dorm, or take meals to campers during the week.

How can I get in touch with my camper? The Camp Director's cell phone will be published in the Camp's Information packet. If an emergency, please call the Director.

Will my child be allowed to have his/her cell phone with her while at camp? Yes. If campers bring their personal cell phones to camp, they are not permitted to have/use their phones outside of their dorm room. If campers do not abide by this policy, the cell phone will be taken from the camper for the duration of the session(s).

What time do I need to drop my day camper off in the morning? When do I pick my day camper up? Day campers will need to be dropped off at the Texas Swim Center between 7:45 a.m. – 7:45 a.m. A camp staff member will arrange a designated drop-off and pick-up location with the parent or guardian. Pick-up time will be either at 5 p.m. (from the Swim Center) or 8:30 p.m. (from the dorm). **PLEASE SEE THE DAY CAMPER SCHEDULE HANDOUT.** For directions to the Texas Swim Center, please call the swim center directly at 512/471-7771 or contact them at www.tsc.utexas.edu

Can day campers take part in the evening activities? Yes, but arrangements will need to be made in advance with the camp director. **PLEASE SEE THE DAY CAMPER SCHEDULE HANDOUT.**

Are meals included in the camp fee for day campers? Lunch and dinner meals (Mon - Thurs only) are included. **PLEASE SEE THE DAY CAMPER SCHEDULE HANDOUT.**

How will I get to camp? Campers are responsible for providing transportation to and from the camp at their expense. Many campers drive, or fly into Austin-Bergstrom International Airport (AUS).

What if I fly in to camp? Camp does provide transportation to and from the Austin-Bergstrom International Airport (AUS) for a round-trip fee of \$40; one-way fee of \$30. Due to security, counselors will not be able to meet campers at their arriving gate, or accompany the camper to their departing gate – the only exception is if the camper is flying as a “registered unaccompanied minor”. Upon arrival, Campers should proceed immediately to the baggage claim area until met by a staff member (who will be wearing a LONGHORNS DIVING CAMP t-shirt and carrying a diving camp sign). If possible, please try to arrange flights arriving camp on Sunday between 1p - 4p, departing camp on Friday between 12p - 4p. When a camper departs from the airport, a staff member will check the camper in at the ticket counter, and make sure they get through security clearance before going to their gate. There is a \$75 charge for each additional night’s stay-over, and meals are not provided outside a camp’s session.

What do campers do in-between sessions if they are staying for multiple weeks? If a camper is staying for more than one week, room and food (at the dorm) is included in the camp fees. The stay-over campers are supervised at all times by camp staff. There are no diving sessions on Friday afternoon, Saturday, or Sunday morning. The campers decide as a group what activities they’d like to do during this off-time. In the past, campers have dined out (to take a break from dorm food!), gone to a movie, the local water-park, laser tag, bowling, the shopping malls, slept-in past 6:30 a.m., etc. The campers travel by camp vans, driven by authorized camp staff. The cost for these activities (including meals outside the dorm) is not included in the camp fees. If arrangements are made between the camper’s parents and the camp’s Director, campers staying for multiple weeks can check-out on Friday and return to camp during registration time on Sunday.

Do I really need a physician’s signature on one of the required forms? YES! The Pre-Activity Clearance Examination: Physician Authorization form does require a physician’s signature. If your camper has had a physical in the last 14 months with the doctor prior to the first day of their camp date, most physicians will just sign off on the form. A copy of a school physical form that is not older than 14 months when your child attends camp will also be accepted in place of the Pre-Activity Clearance Examination form. **Either the Pre-Activity Clearance Examination form OR a school physical form that is not older than 14 months must be provided or the camper will not be allowed to participate in camp activities.** This is a University of Texas mandate, not just camp policy.

What if my child gets sick or injured while at camp? A certified trainer, as well as pool life guards will be on the pool deck during each camp session. The trainer and/or life guards will assess what protocol needs to be taken if a camper gets sick or injured while they are at camp. Campers’ parent/guardian will be notified by the trainer or Camp Director if their child gets injured or becomes sick and will review the next recommended steps. Camper/Camper’s guardian will be responsible for all medical costs and expenses incurred while at camp.

What time should I pick my camper up on Friday? Camp officially is over at noon on Friday. An exhibition/competition is held on each Friday between 9:00 a.m. - 11 a.m., which family & friends are invited and encouraged to attend. Campers are normally ready to go immediately following Friday’s morning session. Departing campers are not permitted to eat lunch at the dorm’s cafeteria on Friday’s. If flying, please complete the itinerary online in your camper’s registration form.